



Our Mission

To decrease the number and rate of ethnic minority Americans needing organ and tissue transplants.

Our Vision

To be the trusted voice creating healthy communities through disease prevention, education, and organ donation awareness.

Meeting the Moments by Educating and Empowering Multicultural Communities.

JULY 2024 | Detroit, MI

Greetings!

Welcome to our monthly newsletter keeping you updated on all the exciting things happening with the Detroit MOTTEP Foundation. As we continue to focus on our mission to empower the community and reduce the need for organ transplantation among ethnic minorities, we appreciate your support. We have a number of upcoming and ongoing activities and look forward to your continued engagement and participation. - Silas Norman *DMF Board Chair*

"Together we can do great things" - Mother Theresa



The 27th Annual LIFE Walk/Run will take place this **Saturday, July 27th**, at the beautiful and Historic Belle Isle State Park. This event is a fantastic opportunity for community members to come together, enjoy the scenic surroundings, and contribute to a life-saving cause. Whether you're a seasoned runner or just looking to spend a pleasant morning outdoors, the LIFE Walk/Run offers something for everyone with its 5K Walk and 5K/10K Run options, Health Fair with screenings, Kids interactive corner, signature LIFE Walk Café, the Circle of Life Memorial Garden and, so much more.

**Onsite Registration & check-in
opens at 7:00 AM**
5K & 10K Run begins at 8:00 AM
5K Walk begins at 8:30 AM

You can participate as an individual, or bring your friends, family, or colleagues to form a team. Faith based organizations, sororities, fraternities, and businesses are all welcome to join us. Register today to be part of our 27th Annual LIFE Walk/Run and help us make this event the best yet!



REGISTER NOW!

THANK YOU TO ALL OUR 2024 LIFE WALK/RUN SPONSORS

Michigan Medicine - The Links Incorporated Greater Wayne County (MI Chapter) - Gift of Life Michigan - National Kidney Foundation of Michigan - Children's Hospital of Michigan|DMC - Kemp Funeral & /Cremation Services - Michigan Donor Family Council - City of Detroit - Henry Ford health Transplant -Global Transplant Solutions - Ainsleys Angels - Eversight - Frederick G. Sampson Foundation- Credit Union ONE

THANK YOU TO ALL OUR 2024 LIFE WALK/RUN HEALTH FAIR VENDORS

Because of your generous support, we're able to provide our community with essential health information, resources, blood pressure screenings, kidney screenings, dialysis support, and so much more. Your commitment makes a huge difference in the lives of so many. Together, we're building a healthier, stronger community!

THANK YOU TO THE 68 TEAMS WHO HAVE REGISTERED TO JOIN US

#CULaterNikki • 2 Timothy 4:7 • Ainsley's Angels • AKA - Alpha Rho Omega Chapter • Ascension St. John Transplant • Auntie Ria • BIG POPPA • Big Steppers • Blessed by • Mental Clarity • Brandon Lee Spight Memorial Foundation • Brooklyn's Butterflies • Children's Hospital of Michigan • City of Detroit BWP Heartbeats • Continues to live on • Credit Union ONE • Denitia Dreamer's • Detroit BWP Heartbeats • Detroit Deltas • Detroit Medical Society • Donate Life Coalition of Michigan • Fieger Law • FOREVER IN OIR HEARTS • Gift of Life Michigan • Gifts of Love • Global Transplant Solutions • Henry Ford Transplant • Iron Belles • Kaelyn West • Kristen Joe • LEDDZ Dance Like Paul • LEG MISERABLE • Live Golden • Long live Darien • Maddies Joy • MyMOTTEP • NCNW - Detroit Section • Noble Meeks Mode • Nu Omega Ques • Our Miracle Child • Patricia Laughlin • PRAILL'S ANGELS • PTO PINK & GREEN STEPPERS • Q Moves • RUNdetroit • Saunders and Her Spare • Share Her Spirit • Sisterhood • Smile More Like Bill • Snapshot #11 • Team Angie • Team AngieC • Team Christy • Team Coli • Team Crimson & Cream • Team Deken • TEAM DONNA • Team Emilio • TEAM FAITHFUL • Team First Baptist Institutional Church • Team Willia • TUCKER RACING • Wolverines for Life • Woody's Lung Transplant • WOOF • Wright by Shannon • You Have Been Warrenred

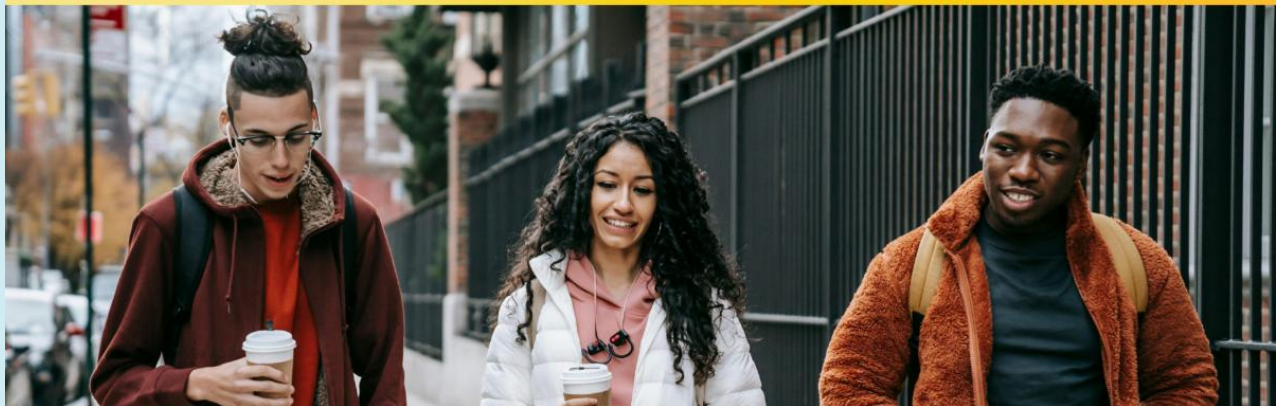
Weekend Morning Show on Local 4: July 21, 2024

Watch the Detroit MOTTEP Foundation Board Chair Dr. Silas Norman's interview on WDIV Local 4 discussing organ and tissue donation, and our 27th Annual LIFE Walk/Run.



NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH

Mental health stigma is a negative or discriminatory attitude someone holds about mental health. Learn more about how to break down stigma in BIPOC communities and create spaces where everyone feels comfortable sharing their experiences with mental health.



July is National Minority Mental Health Awareness Month

July is National Minority Mental Health Awareness Month! This annual observance raises awareness about the unique challenges that affect the mental health of racial and ethnic minority and American Indian/Alaska Native (AI/AN) populations.

This July, the U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) is focusing on improving mental health outcomes for racial and ethnic minority and American Indian/Alaska Native (AI/AN) communities through its 2024 theme Be the Source for Better Health: Improving Health Outcomes Through Our Cultures, Communities, and Connections. This theme calls on each of us to better understand how the unique environments, cultures, histories, and circumstances (known as social determinants of health, or SDOH) of racial and

ethnic minority and AI/AN populations impact their mental health.

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act, and helps determine how we handle stress, relate to others, and make choices. Racial and ethnic minority and AI/AN populations experience numerous mental health disparities including higher rates of attempted suicide in adolescents and lower treatment rates for mental disorders like depression in adults.

[Click here](#) to read more information from the U.S. Department of Health and Human Services Office of Minority Health.

ADDITIONAL RESOURCES

National Alliance on Mental Health - [Bebe Moore Campbell National Minority Mental Health Awareness Month](#)

Mental Health America - [BIPOC Mental Health Toolkit](#)



Detroit MOTTEP Foundation

Board Member Spotlight



Spotlight on Dr. Annette Joe: A Decade of Dedication

This month, we proudly highlight Dr. Annette Ingram Joe, who has been a devoted member of the MOTTEP board for 10 years. A native Detroiter, Dr. Joe completed her undergraduate and medical degrees at the University of Michigan, followed by a Diagnostic Radiology residency at Henry Ford Hospital. She pursued a Breast Imaging fellowship at the University of Michigan and has since made significant contributions as a Fellow of the American College of Radiology and an active member of the National Medical Association and other esteemed organizations.

Dr. Joe's commitment to education and diversity is evident through her teaching and mentoring roles and her receipt of the inaugural University of Michigan Women in Radiology Ally Award for service in diversity, equity, and inclusion.

Beyond her professional achievements, she is deeply involved in community service, having served as the Immediate Past Chair of Health and Human Services in the Greater Wayne County Chapter of the Links, Incorporated, and as a governing board member of Gift of Life Michigan.

Her dedication extends to Triumph Church, where she teaches young children, embodying the same passion and care she brings to her medical practice. Dr. Joe's remarkable career and unwavering commitment to her community make her an invaluable asset to MOTTEP and an inspiration to us all.

Volunteer Spotlight

This month, the Detroit MOTTEP Foundation is proud to highlight Cathy Warren, a dedicated volunteer who has significantly contributed to our community. Cathy started working with the Donate Life Coalition of Michigan in January 2003. Her family's experience with organ donation began that same year when her father needed a kidney transplant. Despite being on the waiting list, he did not receive a kidney in time and passed away in 2005. This personal loss fueled Cathy's commitment to advocating for organ and tissue donation.

Over the past 18 years, Cathy has been an active advocate for Gift of Life Michigan. She has played a vital role in planning of our annual LIFE Walk/Run event growing our health fair. She also coordinated the Kounzt | Callender | Drew Transplant Symposium, coordinated a Guinness World Record-setting



event for heart transplant recipients, and co-coordinated comfort blanket-making parties throughout Michigan. In recognition of her dedication, Cathy received the Michigan Donor Family Council Inspiration Award in 2020. We are honored to feature Cathy Warren as this month's Volunteer of the Month for her unwavering commitment and tireless efforts. Thank you Cathy for all that you do!



Awareness • Education • Empowerment

Empowering Minority Communities for Health, Wellness and Readiness

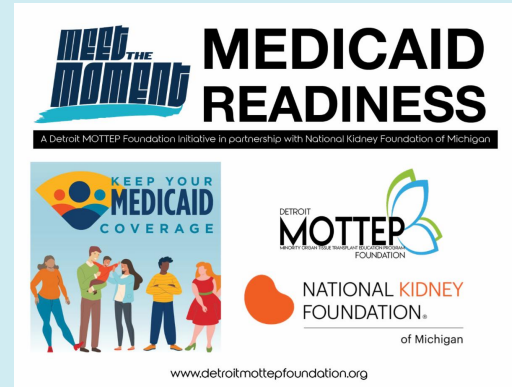
MEDICAID READINESS

As part of our In The Community Initiative "Meet The Moment" the Detroit MOTTEP Foundation has partnered with the National Kidney Foundation of Michigan for "Medicaid Readiness" an outreach and public awareness campaign on Medicaid renewals.

Our dedicated team of seven community health workers have been actively engaging with citizens at various events and health fairs across the Metro Detroit Area and Flint. These workers have completed the State of Michigan's Navigation Training, earning certification to assist citizens in navigating the newly upgraded MIBridges website. This training equips them with the skills and knowledge needed to help community members effectively renew their Medicaid coverage.

This partnership is a testament to our commitment to Meet The Moments by Empowering Minority Communities for Health, Wellness, and Readiness. By ensuring that our community workers are well-trained and certified, we can better support and guide individuals through the Medicaid renewal process, ultimately improving access to essential health and state services. As we continue to attend events and reach out to residents, we remain focused on our mission to foster health and wellness within minority communities.

[Learn more here](#)



MOTTEP IN THE COMMUNITY

We have had tremendous opportunities and partnerships in 2024 and it is our plan to continue to increase our footprint as we expand our list. We are committed to being the trusted voice creating healthy communities through disease prevention, education, and promoting organ and tissue donation awareness. Here's a look at who we've partnered with so far:

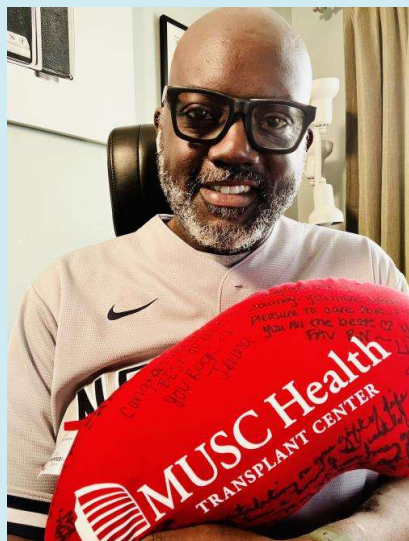
- Madonna University
- Retired NFL Players
- Hollywood Casino at Greektown
- Ferndale Pride
- Nardin Park United Methodist Church
- Danika Community Development Inc.
- Greater Mount Tabor MBC
- Selected Citizens - AKA

- Mia Kanu Foundation
- Southfield Kappa Foundation
- Rho Sigma Foundation
- Mt. Vernon AME Church
- National Kidney Foundation
- Beats & Bears Flint Community Festival
- Ascension St. John Hospital
- Boys and Girls Club
- All of Us Student Educational Program

From educational presentations to community health fairs, we've been making strides in raising awareness and support for organ and tissue donation. We invite you to reach out to us if you're interested in partnering or hosting a community event. Together, we can make a difference! Send us an email at contact@dmfdetroit.org.

[Organ Donation and Transplantation in The News](#)

Toward a level playing field: How a change to race-based eGFR calculations is increasing access to transplants among Black patients. *American Kidney Fund [July 10, 2024]*



A policy change aimed at improving kidney transplant equity has so far shortened the waitlist time for a lifesaving organ for more than 14,000 Black patients. Two of those patients, Charlotta T and Craig M., both diagnosed with kidney failure, recently shared their stories with us.

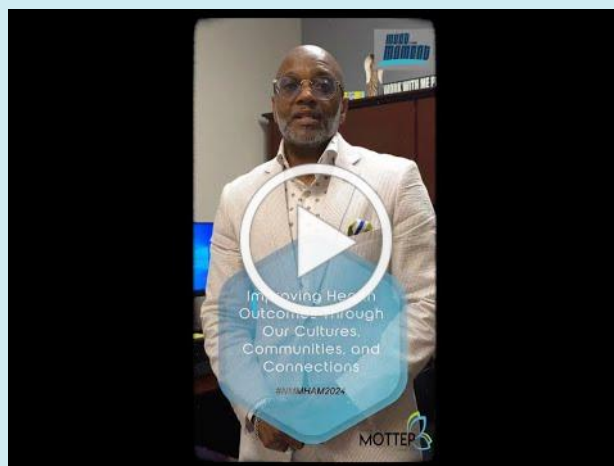
In July 2023, the Organ Procurement and Transplantation Network (OPTN) changed its policy to require that transplant centers use a race-neutral calculation to determine a transplant candidate's estimated glomerular filtration rate (eGFR). [READ MORE](#)

[MOTTEP MEN](#)

Continuing our "MOTTEP Men" Initiative, which was launched last year with the support of Priority Health, and in celebration of National Minority Mental Health Awareness Month, we are excited to have Derek Ware, Vice President of Operations for Detroit Community Health Connection, Inc, share his commitment to our Better Health Campaign and Take The Pledge.

For more information on our Meet The Moment "MOTTEP Men" Initiative or to participate and learn how you can take the pledge visit us at:

www.mottepmen.com



CURRENT WAITING LISTS

Over 103,000 individuals waiting for organ transplant in the U.S as of July 21, 2024, Including nearly 90,000 waiting for a kidney transplant.

In Michigan, over 2500 people are waiting for transplants, 2,123 for a kidney transplant, nearly 1/3 are African American.

So fare this year there have been over 470 transplants performed in the state of Michigan, including 51 living donor transplants. (Nationally >20,000 transplants including 2,900 living donor transplants)

	All Organs	Kidney	Liver	Pancreas	Kidney / Pancreas	Heart	Lung	Heart / Lung	Intestine
All Ethnicities	2,563	2,123	202	25	29	116	64	1	3
White, Non-Hispanic	1,465	1,148	156	16	17	75	50	0	3
Black, Non-Hispanic	804	729	12	8	10	35	9	1	0
Hispanic/Latino	125	108	8	1	0	5	3	0	0
Unknown	24	9	15	0	0	0	0	0	0
Asian, Non-Hispanic	95	86	6	0	1	0	2	0	0
American Indian/Alaska Native, Non-Hispanic	16	14	2	0	0	0	0	0	0
Pacific Islander, Non-Hispanic	4	4	0	0	0	0	0	0	0
Multiracial, Non-Hispanic	30	25	3	0	1	1	0	0	0

Data subject to change based on future data submission or correction. This report shows OPTN data for Organ by Ethnicity through July 21, 2024. OPTN Data is updated on a monthly basis.

2023: A RECORD YEAR



We honor life through donation.™



One Gift...
INFINITE POSSIBILITIES

[Join the Organ Donor Registry TODAY!](#)

www.detroitmottepfoundation.org



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